



**CHARACTER  
DEVELOPMENT  
PROMPT  
SHEET**

by

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# CHARACTER DEVELOPMENT PROMPT SHEET

## 30 Prompts to Strengthen Your Character

1. What's the worst thing your character has ever done, and how do they justify it?
2. What would break your character completely?
3. What secret do they hope no one ever finds out?
4. Who was their first love, and what happened to that relationship?
5. What is their biggest regret?
6. What's the one thing they'd die to protect?
7. What habit do they have that reveals their anxiety?
8. How do they react to being praised?
9. What's their relationship with money?
10. What's something they envy in others?
11. What lie do they tell themselves every day?
12. What's the one place they feel completely safe?
13. What do they want people to think about them?
14. What smell or sound instantly takes them back to childhood?
15. How do they deal with failure?
16. How do they behave when no one's watching?
17. What would they write in a letter to their younger self?
18. What do they think love means?
19. What's their relationship with power or control?
20. What kind of stories do they tell about themselves?
21. What emotion do they struggle to express?
22. What physical object do they keep even though it's worthless?
23. How would they describe happiness?
24. What would they never forgive?
25. What trait in others instantly draws them in?
26. What does their handwriting say about them?
27. How do they react under physical pain?
28. What song would they play on repeat during a crisis?
29. What one word best describes the person they wish they were?